

Learning from Home - Physical

Ready for School,
Ready for Life
Top Tips



Learning from Home

We understand how stressful life can be while home schooling your children during this current time. You are not on your own feeling this way and we are here to help with some fun ideas and activities.

These hands-on activities will help you and your child with their active learning. Your child's attention span will be dependant on their age, so short and snappy activities are the key to success!

What can I do?

- Make models from playdough, recycling items, Lego, blocks
- Cook together and share recipe books, write a shopping list of things you need to buy
- Have fun singing songs such as head, shoulders, knees, and toes or Simon Says
- Act out favourite stories



SHOPPING LIST

Tomatoes
Mushrooms
Peppers
Onions
Basil
Cheese
Ham

Make your own playdough (child friendly)

You will need:

- 2 cups of flour
- 1 cup of salt
- 4 tsp of Cream of tartar
- 2 tbp of cooking oil
- Food colouring optional

Add all above ingredients to a bowl, your child can help with this part

ADULTS ONLY

- Add 2 cups of boiling water
- Mix quickly until a ball is formed



Created in partnership by
Wokingham Children's Centres & Home-Start: Tools for Life