

Brambles Hub Children's Centres

October to December 2018 Timetable

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Berkshire Healthcare
NHS Foundation Trust



Sure Start
Children's Centres
Wokingham



	Brambles Children's Centre	Finchampstead Children's Centre	The Red Kite Children's Centre
Monday 	<p>Ashridge Nursery Lunch Club 12.00-1.00 Closed Group, runs every week day</p> <p>Midwife Appointments</p> <p>Child Health Clinic 9.15-11.45 8th & 22nd Oct, 12th & 26th Nov, 10th & 24th Dec</p> <p>Breast Feeding Support Drop-in 9.30-11.00 Run by the Breast Feeding Network, runs weekly</p> <p>Health Reviews Invite only</p> <p>Introducing Solid Foods 1.00-2.30 8th Oct, 12th Nov & 10th Dec, book via Children's Centre reception</p> <p>Play & Learn 0-5's 1.30-3.00 no session running on 24th December</p>	<p>Christmas & New Year Opening</p> <ul style="list-style-type: none"> Brambles Children's Centre services will not be running on 24th, 27th & 28th December. Health led sessions will run as normal. Finchampstead will be closed for all sessions from Monday 24th December to Tuesday 1st January, inclusive. The Red Kite will be closed for all sessions from Tuesday 25th December to Tuesday 1st January, inclusive. <p>All centres will re-open for their normal timetables on Wednesday 2nd January 2019</p> <p>Play & Learn Drop-in 0-5's 9.00-10.30</p> <p>Relate Counselling 4.30-9.00 charges apply</p> <p>Preparing to Start Nursery? Would you like to know more about 2 & 3 year funding or accessing childcare? We can offer tips and advice to support you and your child. Call Nicky on 07769 960 257</p>	<p>Midwife Appointments</p> <p>Play & Learn Drop-in 0-5's 9.00-11.00 no session running on 24th December</p> <p>Bumps & Pre-Crawlers with Sensory Play 1.30-3.00 No booking necessary, but please note that sessions can be busy no session running on 24th December</p>
Tuesday 	<p>Midwife Appointments</p> <p>Play & Learn 0-5's 9.00-10.30</p> <p>Speech & Language Assessment Drop-in 9.00-11.00 Runs weekly</p> <p>New Booking Necessary Postnatal Course 1.00-2.30 4 week course, book via Children's Centre reception 27th Nov, 4th, 11th & 18th Dec</p> <p>Bumps & Pre-Walkers 1.30-3.00</p> <p>Messy Play 0-5's @ Woosehill Community Hall 9.15-10.30 Emmview Close, RG41 3DA</p>	<p>Health Reviews Invite only</p> <p>Speech & Language Assessment Drop-in 1.00-2.30 11th December</p> <p>Child Health Clinic @ Arborfield Community Centre 10.30-12.15 2nd October, 6th November, 4th December</p>	<p>Midwife Appointments</p> <p>Professional Home Carers Group 9.00-10.30</p> <p>Introducing Solid Foods 2.00-4.00 9th Oct, 13th Nov & 11th Dec, book via Children's Centre reception</p> <p>Speech & Language Assessment Drop-in 1.00-2.30 13th November</p> <p>VIP Family Session 5.30-7.00 Closed Group See reverse for details, formerly known as Chill Out</p>
Wednesday 	<p>Midwife Appointments</p> <p>Adult Learning 9.30-12.00 Speak to Debbie on 07795 617 448</p> <p>Play & Learn 0-5's 1.30-3.00</p> <p>Interested in Volunteering? If you would like to know more about volunteering in one of our Children's Centres call Debbie on 07795 617 448</p>	<p>Professional Home Carers Group 9.00-11.00 Does not run on the 3rd Wednesday of the month</p> <p>Foster Carers Support Group 9.30-12.00 Runs on the 3rd Wednesday of the month</p> <p>New Booking Necessary Postnatal Course 1.00-2.30 4 week course, book via Children's Centre reception 31st Oct, 7th, 14th & 21st Nov</p> <p>Relate Counselling 4.30-9.00 charges apply</p> <p>Play & Learn 0-5's @ Arborfield Community Centre 9.30-11.00 Princess Marina Drive RG2 9ND (Sat Nav RG2 9NW)</p>	<p>Midwife Appointments</p> <p>Health Reviews Invite only</p> <p>Child Health Clinic 1.00-2.45 10th & 24th Oct, 14th & 28th Nov, 12th Dec</p> <p>Would you like to access Adult Learning? If you would like to know more about accessing adult learning courses and sessions please call Debbie on 07795 617 448</p>
Thursday 	<p>Midwife Appointments</p> <p>Health Reviews Invite only</p> <p>Wiggly Worms 9.30-11.30 For children on the ASD spectrum or children waiting for a diagnosis, session runs every week</p>	<p>Baby Massage 11.15-12.15 Charges apply, see reverse for details</p> <p>Health Reviews Invite only</p> <p>Child Health Clinic 1.00-2.45 4th & 18th Oct, 1st & 15th Nov, 6th & 20th Dec BfN run a breastfeeding support drop-in as part of the clinic</p> <p>Introducing Solid Foods 1.30-3.00 22nd Nov, book via Children's Centre reception</p>	<p>Midwife Appointments</p> <p>Play & Learn 0-5's 9.15-10.45</p> <p>New Booking Necessary Postnatal Course 1.00-2.30 4 week course, book via Children's Centre reception 29th Nov, 6th, 13th & 20th Dec</p>
Friday 	<p>Midwife Appointments</p> <p>Health Reviews Invite only</p> <p>Play & Learn 0-5's @ Acorn Community Centre 9.30-11.00 Fearnlea Drive, Woosehill RG41 3DR</p>	<p>Bumps & Pre-Walkers 9.30-11.00</p> <p>Play & Learn 0-5's 1.00-2.30</p>	<p>Midwife Appointments</p> <p>BIBS - Prem & Specialist Baby Group 1.00-3.00 5th & 19th Oct, 2nd & 16th Nov, 7th & 21st Dec</p>
Saturday	<p>Preparing for Birth 9.00-3.00 2nd Saturday of the month Invite only, via Midwife</p>	<p>Baby Massage for Dads 10.00-11.00 See reverse for dates, charges apply, booking necessary</p>	

Please Note: All Wokingham Children's Centre sessions are for Wokingham Borough residents only. We are unable to offer sessions to out of borough residents. Families must register with Wokingham Children's Centres to attend sessions.

Brambles Hub Children's Centres

Our Family Workers provide support to local families in the community or in the home.

Our Family Workers can help with...

- School Readiness
- Debt Management
- Housing
- Volunteering
- Two Year Funding
- Parenting
- Jobs/Career/Training
- Breast Feeding
- Access to food banks
- Childcare
- Postnatal depression & other mental health issues
- Completing forms
- Referrals to other professionals
- Attending appointments
- Counselling

To speak to a Family Worker drop-in to a centre, telephone or email. We are here to help!

Children's Centre sessions are free of charge, unless otherwise stated.

Brambles Children's Centre
Budes Gardens
Wokingham RG40 1PX
Telephone: 0118 908 8010
Email: brambleschildrenscentre@wokingham.gov.uk

Finchampstead Children's Centre
FBC Centre
Gorse Ride North
Finchampstead
Wokingham RG40 4ES
Telephone: 0118 908 8166
Email: finchampsteadchildrenscentre@wokingham.gov.uk

The Red Kite Children's Centre
Chestnut Crescent
Shinfield
RG2 9EJ
Telephone: 0118 908 8181
Email: theredkitechildrenscentre@wokingham.gov.uk

Brambles Hub Children's Centres Manager
Beccy Franklin 07824 835 828

Nicky Mears, Senior Family Worker - 07769 960 257
Debbie Sadiq, Senior Family Worker - 07795 617 448
Jane Fletcher, Family Worker - 07917 550 282
Libby Green, Family Worker - 07717 440 990
Annie Verlander, Family Worker - 07798 571 647
Kate Fudge, Family Worker - 07900 071 017
Kayona McHugh, Family Worker - 07818 588 538
Ashley Scott, Family Worker - 07710 117 618
Ty Croshaw, Assistant Family Worker - 07710 117 649



Find us on Facebook!
www.facebook.com/wokinghamchildrenscentres

visit our webpage
www.wokingham.gov.uk/children-and-families/childrens-centres/
& follow the links to complete your free online membership form today!

Play Sessions for 0-5's

Play & Learn and Messy Play Sessions: Friendly drop-in sessions for parents or carers with their children aged under five (please check session details for specific age range). Play, learn and grow together in this informal atmosphere. Activities could include messy play, themed session around a topical event or arts and crafts. Free of charge.

Ready for School, Ready for Life: Invite only A fun 6 week programme to support your child starting nursery/school. Aiming to give children the vital skills they need to start their learning journey and support parents knowledge, understanding and skills to support learning and development. To find out more, contact Debbie on 07795 617 448

Baby & Pre-Walker Sessions

Bumps & Pre-Walkers @ Finchampstead & Brambles: Friendly drop in for pre-walkers and parents to be.

Pre-Crawlers & Sensory Play @ The Red Kite: A fun drop-in sensory play session for pre-crawlers. Please note that the session can be very busy and limited space is available.

BIBS @ The Red Kite - Has your baby spent time on the RBH neonatal unit? BIBS Group provides an opportunity for parents of babies who have spent time in neonatal care to share experiences and support each other, within a safe and stimulating environment.

Baby Massage @ Finchampstead: Run by Babies in Bloom. Charges apply. Contact www.babiesinbloom.co.uk
Email: claire.neal@babiesinbloom.co.uk or Telephone: 07403 954 004

Baby Massage for Dads @ Finchampstead:
Saturday 10-11am - 13th Oct, 10th Nov & 8th Dec
Suitable for babies aged 6 weeks to 9 months. £10 per session.
To find out more or book these sessions, please contact Claire Neal on telephone 07403 954 004 or email: claire.neal@babiesinbloom.co.uk

Booking Necessary

Speech & Language Therapy Assessment Drop-in

Speech & Language Assessment Drop-in: A session for parents or carers who may have concerns about their child's speech and/or language development. No bookings necessary. Contact the Children's Centre for more information.

Please Note: The speech therapist will only see a limited number of children per session. Children are seen on a first come, first served basis. Sessions can be very busy, please arrive promptly to avoid disappointment.

@ Brambles: 9.00-11.00am, session runs weekly

@ The Red Kite: 1.00-2.30pm, 13th November

@ Finchampstead: 1.00-2.30pm, 11th December

Health Sessions, Midwives & Health Visitors

Health Visitors Advice Line:

Telephone: 0300 365 7000
Email: DutyHVWokingham@berkshire.nhs.uk
Monday to Friday 9.00-4.30

Antenatal Appointments @ Brambles Monday to Friday, by appointment only

Health Reviews @ Brambles
Monday, Thursday & Friday
invite only, via your Health Visitor

Health Reviews @ The Red Kite Wednesday
invite only, via your Health Visitor

Antenatal Appointments with Midwife @ The Red Kite
Monday to Saturday
by appointment only

Health Reviews @ Finchampstead
Tuesday & Thursday
invite only, via your Health Visitor

Health Reviews: These are carried out by the health visiting service by invitation only and are offered at 6-8 weeks, 9-12 months and 2 years. These reviews focus on child development, maternal wellbeing, health information, advice and responding to any concerns.

Child Health Clinic: A drop-in service to access support and advice on your child's health, growth and development. (formerly Well Baby Clinic)

Introducing Solid Foods:
If you are interested in this session, please drop-in, phone or email the centre and book your place.

@ Brambles: 1.00-2.30 8th Oct, 12th Nov & 10th Dec

@ Finchampstead 1.30-3.00 22nd November

@ The Red Kite 2.00-4.00 9th Oct, 13th Nov & 11th Dec

Booking Necessary

ASD Sessions

Wiggly Worms @ Brambles Children's Centre: A play session for parents with their children, who have been diagnosed as being on the autistic spectrum or have been referred to the paediatrician for a diagnosis. A non-judgemental safe environment for you and your child to play. Advice and support from a Family Worker and other carers with similar experiences to you. Telephone: 0118 908 8010

VIP Family Session @ The Red Kite - A session for parents and carers and their children (aged 0 - 18) who are on the pathway or diagnosed with Autism. Advice and informal support from the ASSIST team and other families with similar experiences. For more information please call the ASSIST team Telephone: 0118 9088 053 or The Red Kite Children's Centre 0118 908 8181. Formerly known as Chill Out. Sessions run on - 16th Oct, 20th Nov & 11th Dec