



Home-Start's volunteers are currently providing online support, via telephone, WhatsApp and video calls. Initial contact with the family will be made by a Co-ordinator, with the aim of matching the family with a trained volunteer if support is accepted.

Volunteers Can Support Families:

- Feeling lonely or isolated to signpost to community activities and services
- Struggling with an ill child or child with additional needs
- Struggling with the emotional and physical demands of young children/multiple births
- With budgeting and healthy eating
- Struggling with preparing child for nursery or school
- By signposting to additional specialist support

Inappropriate Referral:

- Practical hands on support required.
- Specialist support required
- Youngest child about to start school (less than 3 months until term starts)
- Parent not in a situation to receive support (overwhelmed with support already in place, not engaging with current support, emotionally not ready)
- Babysitter needed
- Weekly cleaner needed
- Support to attend appointments only
- In the process of moving out of Wokingham Borough

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